

Male Chastity A Guide For Keyholders

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How to Set Up an FLR Georgia Ivey Green 2013-06-06 'How To Set Up An FLR' is a straight forward, no nonsense book that tells it like it is. Georgia Ivey Green (also known as Mistress Ivey) tells her readers the truth about Female Led Relationships instead of feeding their fantasies like so many others have done in the past. She talks about real life and how to implement a female led relationship that fits you in real life, not in some fantasy you may have picked up from the Internet. Couples gain the knowledge to avoid common pitfalls and ease into an FLR where both parties can feel comfortable. She takes the fantasy out and puts the reality in. 'How To Set Up An FLR' was originally a highly successful ebook for your favorite e-reader. Now it is available in paperback so you can hold it in your hand, write comments and notes in the margins, or quickly access any page for the information you need. There are many sections that you will want to refer back to for years to come. This book is invaluable to those wishing to establish a successful female led relationship. It will guide couples just starting out as well those who may have tried to set up an FLR

before and failed. It covers such things as approaching your partner, creating an agreement, limits, and, yes, even cuckolding. If you have ever thought about converting your relationship to an FLR, then you really ought to read this book first. It could save your relationship.

The Ultimate Woman's Guide to Male Chastity Mistress Dede 2015-11-23 If you are reading this book, you are most probably a woman interested in broaching the matter of male chastity. You see, this book is all about male chastity, in other words - self control. The question is, how exactly, can this male chastity thing help you and your partner's sex life? You are probably confused and you don't have to worry, for you are not alone in this. This book will help you understand the idea of male chastity and learn about the sexual fantasies that might seem dirty and unappealing to you now, but could possibly save your sex life. You will learn what the male chastity subject is all about; the erotic fantasy of submitting to wearing a chastity device and the value of your man in a sexual prison in your relationship. At first, the idea of locking your partner's male organ in a device seem strange to you. But overtime, you will find that your partner sees this

thing in an altogether new perspective, something that is attractive and quite exciting for him. To some, forceful prevention of erection and orgasm may definitely seem odd, but there are men who find it very arousing. Getting started is sometimes difficult and the Internet provides you with lots of information that is mostly filled with fantasy over fact. This is because most of those writings are written by men as an outlet to let out their kinky fantasies. It is nothing more than erotic web fantasies that are much too complicated and bizarre for many women's tastes. You are likely to get turned off by these, thinking that the whole male chastity thing is not for you. However, in this book we assure you that the subject of male chastity is explained and directed to helping you understand the entire concept in full light. It is all about using the male chastity game to rekindle the fire in your sex life for enjoying a much better relationship with your partner.

A KeyHolder's Handbook Georgia Ivey Green 2013-10-28 A complete guide to male chastity. If you are new to male chastity or have been practicing it for years, this book will guide you to a happier sex life. Everything you ever wanted to know about how to sexually tease and torment your partner. How to talk "dirty" to him. What to say, when and how to say it, even if you are shy or embarrassed. Keeping him aroused when he is away. It's all here. Has your partner been pushing you to lock his manhood up in a chastity device? Are you afraid you won't live up to his expectations? Are you too shy, embarrassed, or uncomfortable talking "dirty" to him in bed (or any other time)? Being a KeyHolder should not be terrifying for any woman. Armed with the information in this handbook, you can become an expert at playing the

chastity game. Once you know how to play, he won't stand a chance. This guide will make it easy for any woman to become a KeyHolder for her partner, or any other man, for that matter.

A Keyholder's Handbook Georgia Ivey Green 2013-10 A complete guide to male chastity. If you are new to male chastity or have been practicing it for years, this book will guide you to a happier sex life. Everything you ever wanted to know about how to sexually tease and torment your partner. How to talk "dirty" to him. What to say, when and how to say it, even if you are shy or embarrassed. Keeping him aroused when he is away. It's all here. Has your partner been pushing you to lock his manhood up in a chastity device? Are you afraid you won't live up to his expectations? Are you too shy, embarrassed, or uncomfortable talking "dirty" to him in bed (or any other time)? Being a KeyHolder should not be terrifying for any woman. Armed with the information in this handbook, you can become an expert at playing the chastity game. Once you know how to play, he won't stand chance. This guide will make it easy for any woman to become a KeyHolder for her partner, or any other man, for that matter.

Male Chastity Lucy Fairbourne 2007-07 A non-threatening, female-friendly introduction to the topic of male chastity, ideal for nervous keyholders or as a love-offering from a would-be-chastened male.

The Dominant Wife Rule Book - Chastity Device Edition Mistress Jessica 2014-08-18 What you will find that follows this introduction is a set of rules and information that you can adhere to in your Dominant / submissive relationship or not. It can be quite a lot of fun, just sitting down and reading a rule and each time a new rule is added the

submissive life can change dramatically because of it. How you implement the rules or not, is entirely up to you, these are just guidelines, things that we have found have been fun and work well in our relationship, feel free to alter or change a rule to fit your own situations. I personally like to leave the book lying around the house just so my submissive husband can see it and know that it is there.

The Dominant Wife Rule Book Mistress Jessica 2013-08-13 How you implement the rules or not, is entirely up to you, these are just guidelines, things that we have found have been fun and work well in our relationship, feel free to alter or change a rule to fit your own situations. We have even included a number of pages for you to add your own specific rules that you may have that is not included in our own rules. What you have in the end is pretty much an owner's manual for your submissive husband, what better fun can there be for a submissive husband to know that in his house is a book of rules that he must follow else he may be punished by his Dominant wife. I personally like to leave the book lying around the house just so my submissive husband can see it and know that it is there.

Chastity Marisa Rudder 2020-11-20 CHASTITY | The Guide to Male Chastity is the latest book in Marisa Rudder's Female Led Relationship Series. This amazing Chastity book will change your life. Imagine your man treating you like a Queen and getting more pleasure out of pleasuring you than receiving pleasure himself. Imagine your man doing whatever you tell him without complaining. Imagine your man gladly doing the housework, laundry, grocery shopping, cooking, dishes and more? With the techniques and training guidelines in my book, you can have such a man. In fact, you may

already be living with a man who has the potential to become this perfect man. A modern Love and Obey Female Led Relationship or marriage includes male chastity and orgasm control. The wife decides when her husband is allowed to orgasm. The wife is in charge and the husband submits to her loving female authority. Her man is completely obedient. Women will learn how to use their feminine power to control their man's sexuality. Women will learn how to tame and train a man. Men will learn the value of submitting to loving female authority. Men will become more loving, devoted and romantic. Women will take charge of the relationship or marriage and their men will become obedient. The woman's authority and sexuality are worshiped by their man. At Love and Obey, we believe that whoever controls the pussy makes the rules. Pussy denial is used to guide your husband's behavior and this makes your Female Led Relationship more permanent. Men will worship us as goddesses and serve us as queens and obey us as their mistresses. Your Love and Obey Female Led Lifestyle, including Male Chastity, is the future of relationships and marriages. This book is essential reading for women interested in a loving female led relationship and men interested in loving, obeying and serving a superior female.

Sissy Assignments Mistress Dede 2015-01-23 This is a compilation of over 150 sissy training exercises that will benefit the Mistress/Master as well as the self-trained sissy boi. These sissy training exercises should be used as a handy training tool to polish sissy slave skills into absolute perfection. Following these tasks on a day to day basis will turn your sissy boi into the proper sissy slave that is desirable to both parties. These sissy training tasks are designed to

slowly take away a sissy's manhood and transform them into a much more feminine creature. This collection includes Sissy Humiliation Assignments, Public Humiliation Assignments, Sissy Maid Assignments, Sissy Holiday Assignments, Sissy Chastity Assignments and more! Take advantage of this great opportunity and take your sissy training to the next level!

Twelve Days of Chastity J K Spenser
2020-11-30 When Juliet Baxter suggests a fantasy exchange night with her husband Brian, the "kinky" fantasy he reveals shocks her to the core. When Juliet Baxter suggests a fantasy exchange night with her husband Brian, the "kinky" fantasy he reveals shocks her to the core. Brian reveals he wants her to lock up his manhood in a chastity cage. At first, dismayed by the idea, Juliet does some research on the internet and finds a blog by a woman who faced the same situation. What she learns changes her perspective, and Juliet agrees to fulfill her husband's fantasy. Together they embark on a male chastity journey, and she soon discovers that locking her husband in chastity just might satisfy all her romantic yearnings too.

Male Chastity - The Complete Bundled Primer to Female Led Relationships
Mistress Benay 2015-10-27 Due to Popular Demand, Mistress Benay has now compiled "Male Chastity - The 'Key' To A Successful Female Led Relationship" and "The Male Chastity Revolution" in one great page turning Novel. If you are a woman who is tired of being neglected or left unfulfilled by your partner in your marriage or relationship, then you need to read this book. Would you like your partner to be more attentive to your needs? Would you like your partner to always have your sexual satisfaction as his primary focus? Would you like your partner to

be more caring and helpful around the home? If you answered yes to any of these questions, then this book by Mistress Benay will give you the help and direction that you need to take control of your relationship, and condition your partner to make you the paramount concern in his life at all times. For over Fourteen years, Mistress Benay has used Male Chastity as the primary means to take control of her marriage, and of her relationships with men. Now, in this book, she shares with you all of the information and easy to follow techniques which you need to know, so that you also can reap the benefits of building a true Female Led Relationship. Mistress Benay explains in great detail how the male's physical needs control his mind, and how unfortunately most of the time his focus is on his needs not yours. By following the advice in her book, however, you can change your partner's actions by the simple act of taking control of his orgasms. When you do, your home life, your emotional and physical needs, and most importantly, your sexual contentment will all improve for the better. Your needs, not his, will become the most important things in your marriage or relationship when you follow the road map laid out in this book by Mistress Benay. This book is filled with proven techniques which will help you take control of your marriage or relationship, as well as New updated and in-depth reviews of the most popular male chastity devices which are available on the market today. As a Bonus, you can read actual letters which men and women have sent to Mistress Benay detailing how their lives have changed once they implemented Male Chastity into their Relationships.

Of Chastity and Power Philippa Berry
2003-09-02 Elizabeth I was one of the most powerful women rulers in

European history. What can feminism reveal about the attitudes of her male subjects towards this enigmatic figure? Through readings of key Elizabethan texts by Lyly, Raleigh, Chapman, Shakespeare, and Spenser, Philippa Berry shows that while Elizabeth's combination of chastity with political and religious power was repeatedly idealized, it was also perceived as extremely disturbing. The figure of the unmarried queen implicitly challenged the masculine focus of Renaissance discourses of love, philosophy and absolutist political ideology. In her exploration of the potent combination of themes of sexuality and politics with classical myth and Neoplatonic mysticism, Berry offers a radical reassessment of the status of 'woman' as a bearer of meaning within Renaissance literature and culture.

Male Chastity and Crossdressing as Tools for the Cuckolding Hot Wife - A Guide Barbara Deloto 2016-01-20 He wants to give you a gift. A very special and unselfish gift. He wants to have you brought to levels of sexual ecstasy you haven't had lately... or ever. He wants to share you with other men. Are you willing to accept his unselfish offer and in return give him the unselfish gift of helping him give you this? Can you imagine building a stable of men to use for your pleasure while he watches and serves you and your new partners? A gift that turns you into a hot wife (or hot girlfriend), the goddess he serves? How can putting him in male chastity and being his keyholder, crossdressing and feminizing him, make him more able to deliver his gift and take away his reluctance? How does male chastity work, and what can be the results? What happens when a man is feminized, and what benefits can you get from it? Would you like to have him serving you obediently, taking care

of the house and pampering you, readying things for your love-making with your stable of handsome and virile men as you cuckold him? See how male chastity and feminizing your man can lead to the best sex you ever had, with your husband or boyfriend doing everything in his power to turn you into his goddess and hot wife. Enter the risky and exciting world of an entirely new type of relationship with your feminized male in chastity, who bathes you, gives you pedicures and manicures, prepares your clothing and helps you get dressed for your sexual encounters with your new boyfriends. A relationship where you are completely in control and she's loving it. Your feminized male in chastity will love the way you're cuckolding him with your hot, virile men who bring you to one pounding rapture after another while she's helping to hold you in place for them, helping them to enter you, aiding in your stimulation, getting them ready for you, cleaning up after and making you all breakfast. Spice up your bedroom. Even if you do nothing in this book, the two of you reading it together can lead to some exciting bedroom fantasies to tap into as you openly discuss the material. Whether you just become a keyholder, or take it further and feminize him, or take it all the way and let him give you the gift of other men is up to the two of you. This book can only make some points for you to discuss, consider, and even try. A quick read at approximately 10,000 words. Download your copy now.

Chastity Control and Correction for Men Mistress Jade 2018-01-29 This fascinating, detailed study of the techniques and effects of male chastity is a really comprehensive study of this very popular disciplined regime which can be used for pleasure or punishment, or both.

Keeping the male deprived of satisfaction, often for long periods, can give the woman GREAT satisfaction! When orgasm for the man is delayed - or completely denied - the focus is shifted from HAVING an orgasm (often involving anxiety) to NOT having an orgasm (involving humility, patience, and loving attention to the dominant female). This exciting new book looks at topics like choosing and fitting his device (metal or transparent plastic), asking permission to be released and then being made to wait longer, using edging techniques, causing the male embarrassment in front of others, having to sit down to urinate, learning not to question the Mistress' decisions, and accepting hard corporal punishment when needed as part of the overall lifestyle of abstinence, denial and discipline. (See chapters list for much more.) Jade Greenaway (Mistress Jade) and Mark Maguire have both written numerous books on adult discipline and punishment as part of consensual, loving relationships - all still currently available - and here they collaborate on this comprehensive look at this rapidly "trending" topic. Mistress Jade says "Life nowadays is very stressful. You can achieve peace of mind by giving away control over your genitals and ejaculations. Yes, the chastised male will certainly experience the most overwhelming frustration when prevented from having an orgasm for very long periods, but he can learn to please his woman rather than himself." Mark Maguire agrees. "The Mistress makes all decisions on behalf of the man, so the sub male is freed from all responsibility in that respect. However, there are severe consequences for any kind of disobedience as far as Jade and I are concerned. She uses a hard backed wooden hairbrush to spank me when

necessary, and when I've deserved a bit more discipline, she has her favourite whippy, rattan cane which is always to hand. Wow does that cane of hers STING!" Read right now about the intense bond of intimacy and respect that can grow out of an adult consensual chastity and discipline lifestyle in "Chastity, Control and Correction for Men" by Mark Maguire (with Mistress Jade).

The Hitchhiker's Guide to Male Chastity J K Spenser 2020-05-31

Everything you need to know in one place about male chastity in the 21st century Interest in male chastity has exploded in recent years with growing numbers of everyday men wishing to be placed in chastity devices and to hand over control of all aspects of their sex lives to an intimate partner-but it's difficult to find practical, useful information about male chastity. There are few comprehensive books on the topic. On the Internet most of the male chastity information available is chastity device marketing copy, porn, sex-workers offering sex services, and fantasy stories with little basis in reality. In this new and comprehensive guide to male chastity, you'll find practical information on how to approach male chastity in a way for both partners to get the most pleasure and intimacy from this popular style for intimate physical relationships. Written by an experienced chastity warrior who began his journey into the world of male chastity with ninety days locked in a chastity device, J. K. Spenser helps you explore the ins and outs of choosing the chastity device right for you, talking about male chastity with your partner, and what physical, mental, and emotional changes you may encounter along the way in your chastity journey. As well as giving you all you need to know about how to make your life in male chastity

happy, safe as possible, and rewarding, A Hitchhiker's Guide to Male Chastity provides an up to date, 360-degree view of modern male chastity practices, issues faced both by men who wish to be placed in chastity device and their keyholding partners, along with a comprehensive discussion of the related sexual topics-such as female led relationships, accepting control of your man's sex life, how to make sure as a keyholder that your needs get met, and how putting your man in chastity can positively impact and enrich your relationship. Whether experienced or not, get the low down on how male chastity works. Find out how male chastity can spice up a relationship and improve the sex lives of both partners. Take precautions to stay healthy. Discover how to choose the chastity device right for you the first time. Common male chastity myths-and why they're wrong. A complete section devoted to answering the common questions spouses and partners have when they are asked to place their men in chastity and become chastity keyholders. Learn what a keyholder does and how to become a good one. Thanks to the practical experience and unabashed honesty J. K. Spenser offers, understanding male chastity doesn't have to be complicated-or a taboo topic. This book makes it easier than ever to get started on the mesmerizing road to chastity bliss while still keeping your head on straight so that you don't drive yourself or your partner to insanity! Tips & Tricks for Keyholders Georgia Ivey Green 2014-06-01 Georgia Ivey Green has created one of the best, most insightful books of its kind. 'Tips & Tricks For Keyholders' makes being a "woman in charge" so easy, you will wonder why you never put your man in chastity before. It is the perfect companion to 'A

KeyHolder's Handbook.' This book will not only help you understand your partner, but will teach you how to make the most of a good thing. You will learn how to use his own fantasies, to talk to him, to get him to do just about anything you want him to, simply by applying the principles in this book. Her previous book 'A KeyHolder's Handbook' gave you all the basics you need to know about keeping him happy and horny. This book is an extension of that. In it you will find more tips about getting to know his fantasies and how to use them. How to get into his head. How to get him to do more for you. And you will learn many of the things your man will never tell you, that you really need to know, and how to find out what those things are. *The Ultimate Guide To Tease & Denial* Georgia Ivey Green 2017-12-01 The Ultimate Guide To Tease & Denial is more than just about what to do when you want to tease your guy sexually. It's about taking control of your sex-life and getting what you want from it. There is a step-by-step guide that will walk you through your first month of teasing so that you can get used to doing those things you need to do to make things better. A must read for chastity enthusiasts. Tease and denial has never been so simple. Whether you want to utilize chastity in your relationship or not, makes no difference in a modern, healthy relationship. Reading this book will give you insights into your partner's motivations like nothing before. You can take control of what you want and leave the rest to him. "The Ultimate Guide to Tease & Denial is a refreshing outlook on the sexual aspect of female domination that many women find cumbersome. I remember the days when I thought being a tease was a bad thing but Mistress Ivey has completely changed my perspective with her book. She empowers women by

teaching not only how to use our inherent sexual charm to mold men's behavior but why it is important to release that inner naughty girl that many of us were taught to hide. This book has opened so many new channels of thought for me as it clearly points out how vital it is to express my love for my partner by using my feminine charms to seduce him every day and in many exciting ways while keeping him hung up and thirsty for more." Te-Erika "Queenie" Patterson (Publisher) ConquerHim.Com - Celebrating The Beauty of Female Led Relationships

The Sexually Dominant Woman Lady Green 2012-03-05 Lady Green has taught tens of thousands of women, men and couples the fundamentals of safe, erotic female-dominant play. This friendly, simple, unthreatening book is the perfect starting point for the woman who has fantasized about erotic power play. It even includes a script to inspire and support her through her first scene! "Lady Green has a good handle on what a beginner needs to know... and she encourages flexibility and openness as well - important aspects of the enjoyment of it all. Recommended for novices!" - Sandmutopia Guardian

Chastity Nancy Deusen 2008-04-09 Chastity as a topic is an ideal interdisciplinary consideration since it accesses iconographical representation, the philosophical issues of purity, morality, and of innocence; the legal issues of loss and punishment, the historical issues of celibacy, and the legislation that topic evoked; as well as the role of chastity as a literary topos in Late Antiquity as well as the Middle Ages, for example, in medieval commentary traditions and within medieval vernacular literatures.

Male Chastity Mistress Benay 2014-11-12 If you are a woman who is tired of being neglected or left

unfulfilled by your partner in your marriage or relationship, then you need to read this book. Would you like your partner to be more attentive to your needs? Would you like your partner to always have your sexual satisfaction as his primary focus? Would you like your partner to be more caring and helpful around the house? If you answered yes to any of these questions, then this book by Mistress Benay will give you the help and direction that you need to take control of your relationship, and condition your partner to make you the paramount concern in his life at all times. For over thirteen years, Mistress Benay has used Male Chastity as the primary means to take control of her marriage, and of her relationships with men. Now, in this book, she shares with you all of the information and easy to follow techniques which you need to know, so that you also can reap the benefits of building a true Female Led Relationship. Mistress Benay explains in great detail how the male's physical needs control his mind, and how unfortunately most of the time, his focus is on his needs, and not yours. By following the advice in her book, however, you can change your partner's actions by the simple act of taking control of his orgasms. When you do, your home life, your emotional and physical needs, and most importantly, your sexual contentment will all improve for the better. Your needs, not his, will become the most important things in your marriage or relationship when you follow the road map laid out in this book by Mistress Benay. This book is filled with proven techniques which will help you take control of your marriage or relationship, actual accounts about couples who have been helped by Mistress Benay, as well as in-depth reviews of the most popular male chastity devices which are

available on the market today.

The Male Chastity Revolution Mistress Benay 2015-03-29 If you are wondering how you can improve your Marriage or your Relationship with your male partner, then you need to read this book which describes in detail how Women everywhere are now experiencing the benefits of a Female Led Relationship, where Male Chastity is a Key component of the relationship. Women, all across the country, over the last five years have begun to take control, in their relationships with men, and as a result, they are now receiving all of the satisfaction and pleasure which they desire, by locking their male partner up in a male chastity device. Now, you can also have your partner totally attentive to your wishes and needs, by embracing this trend, which is growing bigger day by day. Would you like to have your male partner ready to pleasure you on a moments notice? Would you like to have your partner do all the chores around the house which you have no desire to do? Then you need to read about what is going on right now with the "Male Chastity Revolution," so that you also can enjoy the benefits which Women everywhere are already enjoying! In this exciting and helpful book, Mistress Benay gives us in-depth details of real people, who are living proof that a Female Led Relationship does give Women the satisfaction, pleasure, and happiness that they have been searching for, in their relationships with men. In this book, you will find real letters from people living the Female Led Relationship Lifestyle, updated Product Reviews on the most popular Male Chastity Devices on the market, and Tips and Techniques for Key Holders which help ensure that every woman can experience the pleasures that She deserves.

Erotic Slavehood Christina Abernathy

2011-06-28 In 1996, Christina Abernathy condensed her considerable wisdom and experience on the topic of consensual erotic owner/slave relationships into a slim, elegant little manual: Miss Abernathy's Concise Slave Training Manual. In 1998, in response to consumer demand, she laid out a detailed program for training the erotic slave in various aspects of service, obedience and proper values, and published it as Training With Miss Abernathy. With more than 30,000 copies in print, these two books have become essential guidebooks to practitioners of consensual dominance and submission. Now, for the first time, they are available in a single, deluxe volume. Featuring a foreword by famed erotic author Laura Antoniou (creator of the "Marketplace" series), and with updated resources and references, Erotic Slavehood will take its place among the basic BDSM reference manuals for anyone with an interest in erotic dominance, submission, slavehood or mastery.

Ladies Introduction to Male Chastity Jules Scot 2017-06-22 An introduction to male chastity by a lady for ladies. No fantasies, just the reality. An easy way to gain a basic understanding of your partner's kink.

Femdom for Nice Girls Lucy Fairbourne 2017-10-20 A female-friendly guide to the erotic domination of the male by the female in a way that will benefit both. Each chapter is followed by a self-guided journal section, where you are encouraged to explore and clarify your feelings and responses to the themes being explored, thus helping both lovers illuminate mutual desires, needs and boundaries.

Locked-In Love: How Two Weeks in Chastity Can End the Barter System, Renew Courtship and Make a Better Husband. Key Barrett 2018-09-24 Author Key Barrett started out writing a journal for chastity. He

decided that he wanted to be locked up in chastity for seven days in order to better understand the motivation behind chastity and the emotional aspects so he could write about it with greater understanding in both his fiction and nonfiction. So he spoke with his wife and she agreed to let him go seven days in chastity with her holding the key, only unlocking him if he needed it for safety reasons, to make sure everything is working properly, or if she had sexual interest in freeing him. What started as a simple one week journal quickly blossomed into something else entirely. By the third day he was feeling butterflies just when his wife touched his hand. By day four, she noticed he was much more engaged in their household and being an active and proactive partner. What started as a week for him quickly became two weeks for them both to journal. Through chastity and communication, they identified a sexual trade-off that existed in their marriage, a 'barter system' wherein every action he engaged in had an undercurrent of sexual pressure, a literal tat-for-tit. Freed from it through a chastity device, they were able to enjoy each other on a more meaningful and trusting level. And in lowering the quantity of sex, they raised the quality. This book takes what they learned, plus surveys and research derived from male chastity users, and shows couples how they too can end the barter system, increase communication and bring back the courtship phase, butterflies and all. Learn what you can do to improve your marriage, increase intimacy, feel more connected emotionally, and make her daily life easier with a simple, sexy, fun exercise in chastity.

You On Top Kate White 2007-06-12 In her eight years as editor-in-chief of the women's bible, Cosmopolitan, Kate

White has learned a lot about what women want. From landing a great job to enjoying great sex, White presents 86 enticing lessons on having it all - complete with anecdotes and tips from her own life and the celebrities and experts she's met. Whether it's when to act like a bitch and when not to, or how to get a man to really open up or discovering the moan zone on a man's body that most women ignore, White tells women everything they ever needed to know to take on the world.

Love & Obey MS Marisa Rudder 2018-03-22 Put the fire back in your relationship! This brand new book is destined to be the most revolutionary, breakthrough, and fastest growing relationship guide of the next 20 years! This phenomenal book is bound to be an International Bestseller! Love & Obey, is now available for the first time ever in trade paperback. In this revolutionary new guide to understanding a Female Led Relationship and how it will fulfill the woman and the man's needs, desires, and behaviors. You will be living together as a happy couple. Men report 97% of the time that they are getting more satisfaction, sexual and otherwise, than ever before since experiencing loving female authority. Known as the "Caribbean Queen," Marisa Rudder provides a practical and proven way for men and women to improve their communication by acknowledging their differences and discovering the importance of this loving female authority in a relationship. This type of relationship allows your Alpha Male to be himself while completely 100% devoted, worshipping and obedient to you as his Queen, which allows you both to enjoy a spiritual and sexually blissful relationship. No other Female Led Relationship guide on the market will give you the same

level of evidence-based insight sure to help you strengthen, nurture, and live the relationship you've always wanted!

Dom's Guide to BDSM Training Mistress Dede 2016-05-02 Sex. This is one, if not the most, wonderful gift that humans were bestowed with. Just imagine the world without the gift of sexual activity between opposite sexes? There could have been an absence of this pleasurable experience that everyone in the right age enjoys. While everyone seems to view sexual intercourse as a kind of activity that is supposed to be regarded with respect and conservatism, some people have gone out of their way and formed a new orientation about it. To some, sexual activity is no longer an act of sacred human reproduction but a way of executing creativity and expression of unexplainable behaviors and attitudes. Specifically, this book focuses on BDSM. What does BDSM stand for? What does the whole term mean? Why is there such a thing as BDSM training? All these and more questions will be answered as you continue reading this entire book.

Taking Back Your Marriage Georgia Ivey Green 2012-07-01 This book will show the average woman how to get her husband to be more loving, more romantic, more attentive, more helpful, and even be a better role model for their children. It will show her how to take back her marriage and make the most out of it. A Female Lead Relationship (FLR) might just be the answer to all your marriage problems.

Anal Pleasure and Health Jack Morin 2010-05-01 For many years the focus of fear and disgust, the anus is actually one of the human body's most wondrous creations-elegant, efficient, and richly supplied with pleasure nerves. However, stress and ignorance can turn the anus and its

functions from a source of delight into a painful disability. What's needed is an owner's manual-and here it is! Join therapist and sexologist Jack Morin, Ph.D., on this tour of the anus, complete with information and exercises to open the door to new sources of comfort and gratification. You'll unlearn habits that can cause everything from hemorrhoids to chronic pelvic pain- and, if you choose, learn new ways of achieving solo and partnered pleasures through this humblest of portals.

Female Led Relationship Guide Conner Hayden 2020-01-28 The #1 thing men secretly desire of women, yet typically won't admit it. Do your relationship a favor and join the modern version of relationships where women are the ones who take charge. Keep up -- the times are changing!

How to Get Your Wife to Cuckold You Lionel Maximilien 2017-01-12 Cuckolding is way more common than you might think. It has been a male fantasy for as long as man has been on earth. For some men this fantasy becomes a reality, whether by design, luck or accident. This is a nuts-and-bolts guide to the process, pitfalls and hopefully, pleasures that you and your wife will face as you both work toward making your cuckolding fantasies become a reality.

Feminized by Her Thomas Newgen 2019-05-24 What is motivating her to feminize him? A geek named Joss, working on his PhD thesis on motivation, rents a house away from the noise and takes in a roommate named Marcy to help pay the bills. Little does he know how lucky he will be to have Marcy as his roommate. She is another PhD candidate, also working on a thesis about motivation. Gorgeous and intelligent, Marcy motivates Joss to discover things he never would have dreamed of, and they learn about motivation, love, sensuality, and femininity. She soon

has Joss fully crossdressed and feminized to experience life as Jossie, a desirable girl rather than his geek self. Will he be motivated to become the geek again when their experimenting is over, or will he be destined to live his life fully feminized forever? Which will he choose? Does he in fact have a choice? Immerse yourself in the vivid experiences of Joss as he tells the tale of his crossdressing and feminization while falling in love in this new-adult, LGBT, transgender, crossdressing, feminization, first-time, short-read romance.

RESTART INTIMACY a Unique Approach to Male Chastity Sierra Parker

2013-11-06 \\this is a fun book for adults wanting to learn and explore an unique approach to using male chastity to increase intimacy in a relationship. It provides advice, examples, exercises to try, and skills to learn. Women can tease, tantalize and tempt their man so you both get more intimacy and closeness out of the relationship whilst both having fun and enjoyment

Streel Restraint Elliot Silvestri
2019-05-10 Basil has it tough. An ex-wife who left him for a woman and a kink that no woman in the world would want to indulge him in. Basil gets lucky. Very lucky. He meets Dorothy who is willing to play along with his game of chastity, but neither realize how far they are willing to push his punishment and humiliation for their own lust. This is a 32,000 word novelette intended for adult audiences. Originally published in three parts. This is a 32,000 word male chastity novella that contains explicit sex and sexual descriptions. It focuses on male chastity training, dominant women, female-led relationship, BDSM, cheating spouses, and other sexually explicit themes and language that not all members of the public will enjoy. All characters

are 18 or older.

The Dominatrix Manual Mistress Dede
2015-02-13 Have you ever wondered what it would be like to be a dominant woman who can control a man with just a look or a word? When the thoughts of being in control creep into your head, that sexy little smile starts to play over your lips, and you start to get some ideas that you want to try on your man. As women, we have all been there, but being women, many of us are unable to take hold of our control and dominate a man. The idea of being a dominatrix is often seen as a sexual and social taboo, and many women are afraid of what society would say, what our family and friends would think, and in general, we feel that it isn't the position of a woman to take the stance of power and control. Women are seen naturally as the weaker sex, the one to be protected by a man, and the man in the relationship is often seen to be in control, the leader, the strong and dominant one. Social norms often dictate how we feel about ourselves, and sometimes, it can hinder who we really are inside. Take heed, ladies. We are women. We are strong. We are powerful. We are fierce. We are romantic. We are dynamic. We are caring. We are fighters. We are lovers. We are women! This manual will give you an inside look on what being a Mistress is really all about and will give you insight on how to be a Mistress. Being a Mistress isn't all about leather outfits, stiletto heels, and a whip in your hand. It is a journey between you and your partner, where you are the leader, you are in control, and you have the final say. It is a path of adventure where you make the choices, you take charge, and where you can let all of your inhibitions go. It will give you insight into a new you, the one who has been trapped behind the social

norms for far too long. Ladies, welcome your inner Mistress!

Cuckolding Marisa Rudder 2017-07-03

You may be talking about Cuckolding and you may be ready to try it. I will share with you everything I have learned from my own experiences and the experiences of my hundreds of thousands of readers, fans and social media followers. Opening up your marriage and welcoming new people in to your life is no easy or simple task, if you don't want it to become a train wreck for your relationship. I'll show you how to have all the necessary conversations. I'll show you how to set up an open relationship in a compassionate and ethical way so that both partners can be fulfilled and happy with the experiences. I will share the wisdom of Cuckolds, Hot wives and the Outside Partners. This is the fourth and perhaps most widely anticipated must-read book in the Bestselling Love & Obey Female Led Relationship series by Marisa Rudder. It is a do-it-yourself recipe book for success. It is a how-to have a successful and happy open relationship. In the midst of all the hype, I will offer you, the authentic journey in open relationships; cuckolding, hotwifing, swapping, threesomes, polyamory and more. I'll show you the most common mistakes and false starts, as well as, the hottest success scenarios that will launch your love life into a new stratosphere. Forget everything you have heard before about Cuckolding and open relationships. Marisa's Revolutionary how-to guide is just as groundbreaking as the rest of her Loving Female Led Relationship advice. If you've decided to cuckold your husband, or your husband was the one who encouraged you to cuckold him, or even if he is trying to accept the idea of you cuckolding him, you probably have many questions and you should because, cuckolding is

easy. There are important lessons, you both should know before you start. Fantasy is one thing but reality is something else. What are the rules and boundaries you must know before you start? How do you finding an outside lover / bull? Can you have your cake and eat it too? Can you enjoy your marriage, and still have sex with another man? Will your husband get jealous? Will you want to run off with your outside partner? These are all things you need to consider. Should your husband watch? Should you do it alone? This book covers opening up your sexuality to outside people, the pitfalls and the ways to make everything click into place. You'll be able to evaluate if this open FLR lifestyle is right for you. If you are happily married woman in a female led relationship and even having satisfying sex life with your husband do you really need to walk on the wild side with a bull? How do you stay healthy, safe and discrete? Welcome to the thrilling and revolutionary new guide to Cuckolding.

Male Chastity Keyholder Guide

Mistress Dede 2015-01-08

There is a lot of variety in the world of fetish and kink, with limitless possibilities for creativity in sensual play. Many people unfamiliar with this lifestyle immediately focus on the more obvious or superficial aspects, like honorific nicknames or corsets and leather boots. But for people who participate in fetishes as a lifestyle, the practices and games are an essential part of their relationship, with its own set of rules and standards. One particularly interesting subculture within the world of kink is that of the female keyholder and her chastised male subordinate. The phrase "male chastity" probably immediately spooks some men, or excites others (whether

they are willing to admit it or not). Either attitude is amusing to the sophisticated woman with a predilection for domination and control. For submissive men, there are many benefits to a male chastity arrangement. The calculating domme will use all of her feminine charms to her advantage, establishing a system of rules meant to keep her man under lock and key. Literally. The popularity of male chastity devices has soared in recent years, and although this be taboo, it's something many people talk about behind closed doors. Conveniently hidden under clothes, male chastity devices provide necessary restriction for the man and allowing his dominant complete control over his orgasms. These devices are a valuable tool for the modern dominant woman, and excellent for contemporary "tease and denial" games. Exploring male chastity can be a fun new game for adventurous couples, or a complete long-term lifestyle for kinky pairs. Whatever the relationship type, employing a male chastity device sends a clear message: he's on lockdown, and she holds the key.

Uniquely Rika Ms.Rika 2017-08-22 This is NOT your typical D/s manual. Uniquely Rika provides a practical, intelligent, common-sense approach to adding D/s to your relationship; with long-termed success. You'll see how fulfilling the inner desire to serve or be served is within your reach - without having to mask yourself in artificial roles and games. Ms. Rika explains why several popular approaches fail to last. She then details her approach to creating successful D/s relationships; one

which has proven as effective with seasoned D/s players as with those who never thought themselves to be a 'dominant' or 'submissive'. Regardless of your experience level, Uniquely Rika will provide a new insight, a heightened awareness, and a fresh perspective on D/s that will enhance your relationships, forever. Though written from the 'female-led' perspective, the concepts are applicable to any loving partners. If you're serious about a lasting and meaningful D/s-based relationship, you'll want to read "Uniquely Rika". *At Her Beck and Call* Mistress Benay 2013-04-10 Mistress Benay, a Professional Dominatrix, and one of America's most vocal and exciting proponents of Female Domination documents in this Pictorial Journal how she has taken a male she met on the Internet, and turned him into first her slave, then her soul mate, and eventually her husband. This journey is described in great detail, accompanied by many pictures taken by Mistress Benay which clearly show how a Dominant Woman can take control of a male and turn him into her willing slave. This journal which is Volume I of Mistress Benay's Female Dominaation Series is an easy and informative read which leaves nothing to the imagination. If there is a male out there who wishes that his partner would take control of their realtionship, he needs to give her a copy of this book. Likewise, any Female who wishes to take control of her man, needs to read this journal by Mistress Benay which will provide her with a detailed road map which will lead to Female Domination in her Relationship.